

CPD Hopi Ear Candles Course Specification

Course Overview

Hopi Ear Candling is a relaxing and holistic therapy designed to promote a sense of wellbeing while supporting the natural cleansing process of the ears. This comprehensive course provides learners with the theoretical knowledge and practical skills required to safely and professionally perform Hopi Ear Candle treatments while maintaining high standards of client care, hygiene and professionalism.

Suitable for complete beginners as well as experienced therapists wishing to expand their treatment portfolio, this course combines theory with extensive practical training to prepare learners to confidently perform Hopi Ear Candle treatments and provide appropriate aftercare advice.

Course Content

During this course, learners will cover:

- Introduction to Hopi Ear Candling
- History and Origins of the Treatment
- Benefits of Hopi Ear Candling
- Anatomy and Physiology of the Ear
- Health, Safety and Hygiene
- Infection Prevention and Control
- Consultation Procedures
- Patch Testing Requirements (where applicable)
- Contraindications and Contra-actions
- Relevant Legislation and Industry Standards
- Product Knowledge
- Preparing the Treatment Area
- Hopi Ear Candle Treatment Procedure
- Professional Client Care



- Aftercare Advice
- Treatment Frequency and Maintenance

Course Structure

This course is fully accredited by CPD and consists of a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform the treatment safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Supervised hands-on practice
- Individual tutor feedback and guidance
- Professional treatment techniques and client care

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

It is ideal for:

- Individuals starting a career in the beauty and holistic therapy industry.
- Beauty and holistic therapists wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.
- Anyone interested in learning a relaxing holistic therapy.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles, history and benefits of Hopi Ear Candling.



- Understand the anatomy and physiology of the ear relevant to. The treatment.
- Conduct professional client consultations and determine suitability for treatment.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply effective health, safety, hygiene and infection prevention procedures throughout the treatment.
- Perform a safe and professional Hopi Ear Candle treatment with confidence.
- Provide appropriate aftercare advice and treatment recommendations.
- Work professionally while complying with current legislation, industry standards and best practice.