

CPD Hair Extensions Course Specification

Course Overview

Hair extensions are one of the most in-demand services within the hair and beauty industry, offering clients the opportunity to add length, volume, thickness and colour enhancement to their natural hair. This comprehensive course provides training in three professional hair extension methods: **Micro Rings, Easy Shrinks and Fusion Bonds**.

Suitable for complete beginners as well as experienced hair and beauty professionals wishing to expand their treatment portfolio, this course combines theory with extensive practical training to prepare learners to confidently apply, blend and safely remove professional hair extensions while maintaining high standards of client care, hygiene and professionalism.

Course Content

During this course, learners will cover:

- Introduction to Hair Extensions
- History and Development of Hair Extension Treatments
- Benefits of Hair Extensions
- Anatomy and Physiology of the Hair and Scalp
- Health, Safety and Hygiene
- Infection Prevention and Control
- Consultation Procedures
- Patch Testing Requirements (where applicable)
- Contraindications and Contra-actions
- Relevant Legislation and Industry Standards
- Product Knowledge and Colour Selection
- Understanding Hair Extension Types, Qualities and Textures
- Selecting the Most Suitable Extension Method for Individual Clients



- Colour Matching Techniques
- Creating Colour Effects Including Highlights and Balayage
- Hair Sectioning Techniques
- Safe Application with Correct Tension
- Micro Ring Application Procedure
- Easy Shrinks Application Procedure
- Fusion Bond Application Procedure
- Extension Placement for Length, Volume and Colour Enhancement
- Cutting and Blending Techniques for a Natural Finish
- Removing Length and Weight from Hair Extensions
- Feathering and Layering Around the Face
- Safe Removal of Hair Extensions
- Professional Client Care
- Aftercare Advice and Maintenance

Course Structure

This course is delivered through a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform the treatment safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Practical exercises on mannequin training heads
- Supervised hands-on practice of application, blending and removal techniques
- Individual tutor feedback and guidance to develop confidence, accuracy and professional technique

Entry Requirements

This course is suitable for complete beginners and no previous hair or beauty qualifications are required.

It is ideal for:



- Individuals starting a career in the hair and beauty industry.
- Hair and beauty professionals wishing to expand their treatment portfolio.
- Stylists and therapists looking to refresh or update their existing skills.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles and benefits of professional hair extension treatments.
- Understand the anatomy of the hair and scalp relevant to hair extension application.
- Conduct professional client consultations and determine suitability for treatment.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply effective health, safety hygiene and infection prevention procedures throughout the treatment.
- Select the most appropriate hair extension method, texture, density and colour for individual clients.
- Demonstrate the safe application of Micro Rings, Easy Shrinks and Fusion Bond hair extensions.
- Blend, layer and cut extensions to create a seamless, natural finish.
- Safely remove professional hair extensions without causing damage to the natural hair.
- Provide clients with appropriate aftercare advice to maximise the longevity of their hair extensions.
- Work professionally while complying with current legislation, industry standards and best practice.