

CPD Eyelash Extensions (3 Method Specialist) Course Specification

Course Overview

Eyelash extensions are a popular semi-permanent beauty treatment designed to enhance the length, fullness and definition of the natural eyelashes. This course provides comprehensive training in three popular eyelash enhancement methods: **Classic Individual Eyelash Extensions, Strip Lashes and Cluster Lashes**. Learners will gain the knowledge and practical skills required to safely apply each technique while maintaining high standards of client care, hygiene and professionalism.

Suitable for complete beginners as well as experienced beauty professionals wishing to expand their treatment portfolio, this course combines theory with extensive practical training to prepare learners to confidently offer eyelash extension treatments.

Course Content

During this course, learners will cover:

- Introduction to Eyelash Extensions
- History and Development of Eyelash Enhancement Treatments
- Benefits of Eyelash Extension Treatments
- Anatomy and Physiology Relevant to Eyelash Treatments
- Anatomy of the Eye and Eyelashes
- Eyelash Hair Growth Cycle
- Health, Safety and Hygiene
- Infection Prevention and Control
- Consultation Procedures
- Patch Testing Requirements
- Contraindications and Contra-actions
- Safe Handling, Use and Storage of Professional Tweezers and Equipment



- Relevant Legislation and Industry Standards
- Product Knowledge and Adhesive Safety
- Classic Individual Eyelash Extension Application
- Strip Lash Application Techniques
- Cluster Lash Application Techniques
- Lash Removal Procedures
- Troubleshooting and Treatment Adaptations
- Professional Client Care
- Aftercare Advice and Maintenance

Course Structure

This course is delivered through a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform the treatment safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Practical exercises on a mannequin training head
- Supervised hands-on practice on live models
- Individual tutor feedback and guidance to develop confidence, accuracy and professional technique

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

It is ideal for:

- Individuals starting a career in the beauty industry.
- Beauty professionals wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles and benefits of eyelash enhancement treatments.
- Understand the anatomy of the eye, eyelashes and the eyelash growth cycle.
- Conduct professional client consultations and patch testing procedures.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply health, safety, hygiene and infection prevention procedures throughout the treatment.
- Demonstrate the safe handling and maintenance of professional eyelash extension equipment.
- Select and use professional lash products and adhesives safely and effectively.
- Apply Classic Individual Eyelash Extensions, Strip Lashes and Cluster Lashes using correct techniques.
- Remove eyelash enhancements safely where appropriate
- Provide clients with appropriate aftercare to maintain treatment results.
- Work professionally while complying with current legislation and recognised industry standards.