

CPD Brow Lamination Course Specification

Course Overview

Brow lamination is a professional eyebrow treatment that restructures and realigns the brow hairs into a desired shape using a specially formulated lifting solution and setting lotion. The treatment creates the appearance of fuller, smoother, and more defined brows by lifting and securing the hairs into place, while allowing them to be styled according to the client's preferred look.

Our CPD Brow Lamination Course has been designed to provide learners with the theoretical knowledge and practical skills required to perform this increasingly popular treatment safely and effectively. Suitable for both beginners and experienced beauty professionals, the course combines comprehensive theory with hands-on practical training, enabling learners to deliver professional brow lamination treatments with confidence while maintaining high standards of client care, health and safety, and hygiene.

Course Content

During this course, learners will cover:

- Introduction to Brow Lamination
- History and Development of the Treatment
- Benefits of Brow Lamination
- Eyebrow Anatomy and Hair Structure
- Hair Growth Cycle
- Health, Safety and Hygiene
- Consultation Procedures
- Patch Testing Requirements
- Contraindications and Contra-actions
- Relevant Legislation and Industry Standards
- Product Knowledge and Safe Use of Products



- Step-by-Step Brow Lamination Procedure
- Troubleshooting and Treatment Adaptations
- Aftercare Advice and Home Maintenance
- Professional Standards and Client Care

Course Structure

This course is delivered through a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform the treatment safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Guided practical sessions
- Supervised hands-on practice
- Individual feedback and assessment to develop competence and confidence.

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

It is ideal for:

- Individuals starting a career in the beauty industry.
- Beauty professionals wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.

Although not essential, we strongly recommend completing an **Eyelash and Eyebrow Tinting** course (or an equivalent qualification) before undertaking this training, as tinting is commonly combined with brow lamination to enhance the overall treatment result.



There is no minimum age requirement to attend this course. However, many professional insurance providers require practitioners to be at least **16 years of age** before they are eligible for treatment insurance.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain what brow lamination is and identify its benefits for different brow types.
- Understand the anatomy of the eyebrow and the eyebrow hair growth cycle.
- Carry out professional consultations and patch testing procedures.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply health, safety, hygiene and infection prevention procedures throughout the treatment.
- Select and use brow lamination products safely and effectively.
- Perform a complete brow lamination treatment confidently and competently.
- Provide appropriate aftercare advice to maximise treatment results and maintain brow health.
- Work professionally while complying with current industry standards and relevant legislation.