

CPD Waxing Course Specification

Course Overview

Waxing is one of the most popular and essential treatments within the beauty industry, providing clients with long-lasting hair removal and smooth, well-groomed skin. This comprehensive course provides learners with the theoretical knowledge and practical skills required to safely and professionally perform both warm wax and hot wax treatments while maintaining high standards of client care, hygiene and professionalism.

Suitable for complete beginners as well as experienced beauty professionals wishing to expand their treatment portfolio, this course combines theory with extensive practical training to prepare learners to confidently perform professional waxing treatments on a variety of areas.

Course Content

During this course, learners will cover:

- Introduction to Professional Waxing
- History and Development of Waxing Treatments
- Benefits of Waxing
- Anatomy and Physiology of the Skin
- Hair Growth Cycle
- Health, Safety and Hygiene
- Infection Prevention and Control
- Consultation Procedures
- Patch Testing Requirements
- Contraindications and Contra-actions
- Relevant Legislation and Industry Standards
- Skin Analysis
- Product Knowledge
- Understanding Warm Wax and Hot Wax
- Wax Temperature and Application Techniques



- Preparing the Treatment Area
- Professional Waxing Procedures
- Safe Hair Removal Techniques
- Client Comfort and Skin Protection
- Professional Client Care
- Aftercare Advice and Maintenance
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Course Structure

This course consists of a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform waxing treatments safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Supervised hands-on practice
- Individual tutor feedback and guidance
- Professional waxing techniques across a variety of treatment areas
- Safe treatment procedures and client care

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

It is ideal for:

- Individuals starting a career in the beauty industry.
- Beauty therapists wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.
- Salon owners and mobile beauty professionals.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles, history and benefits of Waxing treatments.
- Understand the anatomy and physiology of the skin and hair relevant to waxing.
- Conduct professional client consultations and determine suitability for treatment.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply effective health, safety, hygiene and infection prevention procedures throughout the treatment.
- Demonstrate the safe and effective use of both warm wax and hot wax.
- Perform professional waxing treatments using correct application and removal techniques.
- Provide clients with appropriate aftercare advice to maintain healthy skin and prolong treatment results.
- Work professionally while complying with current legislation, industry standards and best practice.