

CPD Russian Eyelash Extensions Course Specification

Course Overview

Russian Volume Eyelash Extensions are one of the most advanced and sought-after treatments within the beauty industry, allowing therapists to create fuller, softer and more voluminous lash sets using handcrafted volume fans. This comprehensive course provides learners with the theoretical knowledge and practical skills required to safely and professionally apply Russian Volume Eyelash Extensions while maintaining high standards of client care, hygiene and professionalism.

Suitable for complete beginners as well as experienced beauty professionals wishing to expand their treatment portfolio, this course combines theory with extensive practical training to prepare learners to confidently create and apply professional Russian Volume lash sets.

Course Content

During this course, learners will cover:

- Introduction to Russian Volume Eyelash Extensions
- History and Development of Eyelash Extensions Treatments
- Benefits of Russian Volume Lashes
- Anatomy and Physiology of the Eye and Natural Eyelashes
- Hair Growth Cycle
- Health, Safety and Hygiene
- Infection Prevention and Control
- Consultation Procedures
- Patch Testing Requirements
- Contraindication and Contra-actions
- Relevant Legislation and Industry Standards
- Safe Handling and Storage of Professional Tweezers and Equipment
- Product Knowledge



- Lash Mapping Techniques
- Understanding Lash Curls, Lengths, Thicknesses and Diameters
- Creating Handmade 2D, 3D and 4D Russian Volume Fans
- Correct Isolation and Application Techniques
- Achieving Symmetry and Fullness
- Safe Removal and Maintenance Procedures
- Professional Client Care
- Aftercare Advice and Maintenance

Course Structure

This course consists of a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform Russian Volume Eyelash Extensions treatments safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Practical exercises on mannequin training heads
- Supervised hands-on practice on a live model
- Individual tutor feedback and guidance
- Professional application techniques and client care

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

To gain the maximum benefit from this course, we recommend that learners have previously completed a Classic (Semi-Permanent) Eyelash Extensions course or hold an equivalent qualification. This prior knowledge will provide a strong foundation before progressing to advanced Russian Volume techniques, although it is not a mandatory requirement.

It is ideal for:

- Individuals wishing to specialise in professional eyelash extension treatments.



- Beauty therapists wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.
- Salon owners and mobile lash technicians

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles and benefits of Russian Volume Eyelash Extensions.
- Understand the anatomy and physiology of the eye and natural eyelashes relevant to the treatment.
- Conduct professional client consultations and determine suitability for treatment.
- Identify contraindications, contra-actions and appropriate treatment modifications.
- Apply effective health, safety hygiene and infection prevention procedures throughout the treatment.
- Create symmetrical handmade 2D, 3D, and 4D Russian Volume fans.
- Demonstrate safe isolation, application and maintenance techniques to a professional standard.
- Provide clients with appropriate aftercare advice to maximise lash retention and maintain healthy natural lashes.
- Work professionally while complying with current legislation, industry standards best practice.