

CPD Ear Piercing Course Specification

Course Overview

Ear piercing is a popular cosmetic treatment involving the safe creation of a small opening in the ear lobe to allow the insertion of appropriate jewellery. When performed correctly, ear piercing is a quick and effective procedure that requires a high standard of hygiene, infection prevention, and client care to minimise risks and promote successful healing.

This CPD Ear Piercing Course has been designed to provide learners with the theoretical knowledge and practical skills required to perform professional ear lobe piercing safely and confidently using a professional ear piercing system (piercing gun/device). Suitable for complete beginners and experienced beauty professionals alike, the course combines underpinning knowledge with practical training to ensure learners can carry out treatments in accordance with current health, safety and industry standards.

Course Content

During this course, learners will cover:

- Introduction to Ear Piercing
- History and Development of Ear Piercing
- Benefits of Professional Ear Piercing
- Anatomy and Physiology of the Ear
- Health, Safety and Hygiene
- Infection Prevention and Cross-Contamination Control
- Consultation Procedures
- Medical Questionnaire and Client Assessment
- Contraindications and Contra-actions
- Relevant Legislation and Industry Standards
- Safe Handling, Preparation and Disposal of Equipment
- Safe Use of a Professional Ear Piercing Device
- Jewellery Selection and Product Knowledge



- Step-by-Step Ear Piercing Procedure
- Troubleshooting and Managing Minor Complications
- Professional Client Care
- Aftercare Advice and Healing Guidelines

Course Structure

This course is delivered through a balanced combination of theory and practical training.

- **Theory:** 50%
- **Practical:** 50%

Learners will first develop the underpinning knowledge required to perform the treatment safely before progressing to practical application.

The practical element includes:

- Tutor-led demonstrations
- Practical exercises using training aids (foam or mannequin ears)
- Supervised hands-on practice on live models
- Individual tutor feedback and guidance to develop confidence, accuracy and professional technique

Entry Requirements

This course is suitable for complete beginners and no previous beauty qualifications are required.

It is ideal for:

- Individuals starting a career in the beauty industry.
- Beauty professionals wishing to expand their treatment portfolio.
- Therapists looking to refresh or update their existing skills.

Learning Outcomes

By the end of this course, learners will be able to:

- Explain the principles and benefits of professional ear piercing.
- Understand the anatomy and physiology of the ear relevant to ear lobe piercing.
- Conduct professional client consultations and assessments.
- Identify contraindications, contra-actions and situations where treatment should be declined or adapted.
- Apply effective health, safety hygiene and infection prevention procedures.
- Prepare the treatment area and equipment in accordance with industry standards.
- Demonstrate the safe and correct use of a professional ear piercing device.
- Perform an ear lobe piercing treatment safely and competently.
- Provide clients with appropriate aftercare advice to promote healing and minimise complications.
- Work professionally while complying with current legislation, industry standards and best practice.